

Ant.
1.

S Al-ve, * Re-gí- na, máter mi-se-ricórdi- ae :
 Ví- ta, dulcé- do, et spes nóstra, sál-ve. Ad te
 clamá-mus, éxsu-les, fí-li- i Hévae. Ad te suspi-rá-
 mus, geméntes et flén-tes in hac lacrimá-rum válle.
 E- ia ergo, Advocá- ta nóstra, illos tú- os mi-se-ri-
 córdes ócu-los ad nos convér-te. Et Jésum, benedí-
 ctum frúctum véntris tú- i, nó-bis post hoc exsí-li- um
 os-ténde. O clé-mens : O pí- a : O dúlcis
 * Vírgo Ma-rí- a.

St. Teresa of Jesus (Avila)

Church of Sts. Peter & Paul, Singapore

ENTRANCE ANTIPHON

(Psalm 41:2-3)

Like the deer that yearns for running streams, so my soul is yearning for you, my God; my soul is thirsting for God, the living God.

OPENING PRAYER

Let us pray,

O God, who through your Spirit raised up Saint Teresa of Jesus to show the Church the way to seek perfection, grant that we may always be nourished by the food of her heavenly teaching and fired with longing for true holiness. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

Amen.

FIRST READING

A reading from the book of Wisdom.

(Wisdom 7:7-14)

I prayed and understanding was given me; I entreated, and the spirit of Wisdom came to me. I esteemed her more than scepters and thrones; Compared with her, I held riches as nothing. I reckoned no priceless stone to be her peer, for compared with her, all gold is a pinch of sand, and beside her silver ranks as mud. I loved her more than health or beauty, preferred her to the light, since her radiance never sleeps.

In her company all good things came to me, at her hands riches not to be numbered. All these I delighted in, since Wisdom brings them, but as yet I did not know she was their mother. What I learned without self interest, I pass on without reserve; I do not intend to hide her riches.

For she is an inexhaustible treasure to men, and those who acquire it win God's friendship, commended as they are to him by the benefits of her teaching.

RESPONSORIAL PSALM

My heart sings with joy to the living God.

How lovely is your dwelling place,
Lord, God of hosts.
My soul is longing and yearning,
is yearning for the courts of the Lord. **℟**

The sparrow herself finds a home
and the swallow a nest for her brood;
she lays her young by your altars,
Lord of hosts, my king and my God.
They are happy, who dwell in your house,
for ever singing your praise. **℟**

One day within your courts
is better than a thousand elsewhere.
The threshold of the house of God
I prefer to the dwellings of the wicked. **℟**

For the Lord God is a rampart, a shield;
he will give us his favour and glory.
The Lord will not refuse any good
to those who walk without blame.
Lord, God of hosts,
Happy the man who trusts in you! **℟**

COMMUNION ANTIPHON

I will sing for ever of your mercies, Lord; through all ages my mouth will
proclaim your fidelity.

PRAYER AFTER COMMUNION

Let us pray.
Grant, O Lord our God,
that your obedient family,
whom you have fed with the Bread of heaven,
may follow the example of Saint Teresa
and rejoice to sing of your mercies for all eternity.
Through Christ our Lord.

All: **Amen.**

PRAAYER OVER THE GIFTS

May our offerings, O Lord, be acceptable to your majesty,
to whom the devoted service of Saint Teresa
was pleasing in such great measure.
Through Christ our Lord.

Amen.

PREFACE OF HOLY VIRGINS AND RELIGIOUS

The sign of a life consecrated to God

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
Lord, holy Father, almighty and eternal God.

For in the Saints who consecrated themselves to Christ
for the sake of the Kingdom of Heaven,
it is right to celebrate the wonders of your providence,
by which you call human nature back to its original holiness and bring it to
experience on this earth
the gifts you promise in the new world to come.

And so, with all the Angels and Saints, we praise you, as without end we
acclaim: **Holy, holy, holy . . .**

SECOND READING

A reading from the letter of St Paul to the Romans. (*Romans 8:14-17, 26-27*)

Everyone moved by the Spirit is a son of God. The spirit you received is not
the spirit of slaves bringing fear into your lives again; it is the spirit of sons,
and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear
united witness that we are children of God. And if we are children we are
heirs and well: heirs of God and coheirs with Christ, sharing his sufferings so
as to share his glory.

The Spirit too comes to help us in our weakness. For when we cannot choose
words in order to pray properly, the Spirit himself expresses our plea in a way
that could never be put into words, and God who knows everything in our
hearts knows perfectly well what he means, and that the pleas of the saints
expressed by the Spirit are according to the mind of God.

GOSPEL ACCLAMATION

Alleluia.

Whoever loves me will keep my word,
and my Father will love him,
and we shall come to him
and make our dwelling-place within him.

GOSPEL

(John 7:14-18, 37-39a)

A reading from the holy Gospel according to John.

When the festival was half over, Jesus went to the Temple and began to teach.
The Jews were astonished and said, 'How did he learn to read? He has not been
taught.' Jesus answered them:

'My teaching is not from myself: it comes from the one who sent me;
and if anyone is prepared to do his will, he will know whether my teaching is
from God or whether my doctrine is my own.
When a man's doctrine is his own he is hoping to get honour for himself;

but when he is working for the honour of one who sent him, he is then sincere and by no means an impostor.’

On the last and greatest day of the festival, Jesus stood there and cried out: ‘If any man is thirsty, let him come to me! Let the man come and drink who believes in me!’

As scripture says: From his breast shall flow fountains of living water. He was speaking of the Spirit which those who believed in him were to receive.

OR

John 4: 5-15

Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob’s well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, ‘Give me a drink.’ His disciples had gone into the town to buy food. The Samaritan woman said to him, ‘What? You are a Jew and you ask me, a Samaritan, for a drink?’ - Jews, in fact, do not associate with Samaritans. Jesus replied:

‘If you only knew what God is offering and who it is that is saying to you:

Give me a drink, you would have been the one to ask, and he would have given you living water.’

‘You have no bucket, sir,’ she answered ‘and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us this well and drank from it himself with his sons and his cattle?’ Jesus replied:

‘Whoever drinks this water will get thirsty again; but anyone who drink the water that I shall give will never be thirsty again: the water that I shall give will turn into a spring inside him, welling up to eternal life.’ ‘Sir,’ said the woman ‘give me some of that water.’

PRAYERS OF THE FAITHFUL

Through the intercession of Saint Teresa of Avila, let us pray to the Father for the grace to be ever open to God’s Word, both in the person of his Son and in Jesus’ actual words.

℟: Lord, we ask you hear our prayer.

1. For the Holy Catholic Church, that she may always be docile to the will of God and strive to bring it to fruition.

Be pleased to hear us. **℟**

2. For all Christians, that we may read God’s Word, and carefully listen to what it says.

Be pleased to hear us. **℟**

3. For all Carmelites in the world, that they may always be faithful to their religious vocation and give glory to the Lord through their way of life.

Be pleased to hear us. **℟**

4. For this Parish community, that Saint Teresa will both inspire and help us to be more open to Christ Jesus our Lord through the deepening of our prayer lives.

Be pleased to hear us. **℟**

Priest: God our Father, have mercy on us and bless us.

Hear our petitions and grant us the grace to be faithful disciples of your Son, our Lord Jesus Christ, who lives and reigns forever and ever.

Amen.